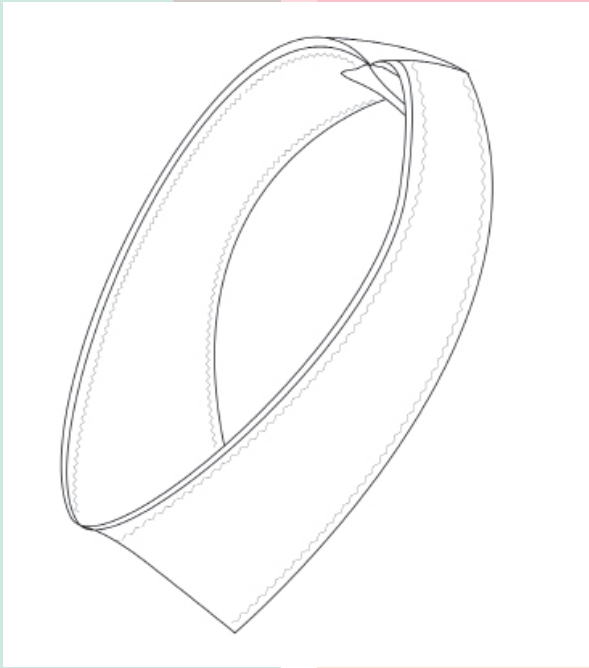




# --THE MARCIE HEADBAND--

## PDF PATTERN



### --INSTRUCTIONS--

Skill Level: Extremely easy, perfect for a very new beginner

Help look after our environment. Try using the instructions on your PC or mobile device instead of printing them out. :-)

Print pattern pages 8 and 9 only.

### ----Description----

The Marcie Headband is designed to be a comfortable and versatile ear warmer that can be made in a variety of knit fabrics. It is a very easy and quick make, perfect for beginners or a great introduction for sewers who have never used knits before.

Use a lightweight fabric for a sporty look or use a heavier fabric to make toasty ear warmers for the colder seasons.

There are two versions and the only difference between the versions is location of the seam.

If you want to wear the band with narrower part at the front of your head, cut Version A. If you want to wear the with the wider part at the front of your head, cut Version B.

### ----Sizing----

One size fits all. This pattern can be easily altered for a larger or smaller fit.

If the headband is too big, reduce the length of the headband.

If the headband is too small, increase the length of the headband.

*Note: The fit will also heavily depend on how much stretch your fabric has so we recommend making a test version in your chosen fabric first to check the size.*

### ----Seam Allowances----

This pattern has been drafted for a 1.5cm seam allowance unless otherwise stated. Seam allowance have already been added. It can be constructed using either a zig-zag stitch on the sewing machine or an overlocker.

### ----Materials----

Small amount of light-weight to medium-weight knit (stretchy) fabric. Approximately 0.25m should be more than enough.

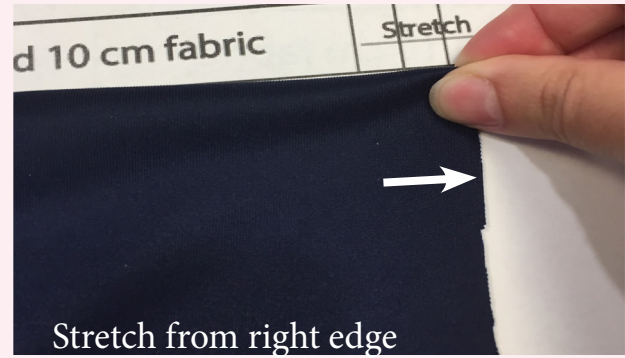
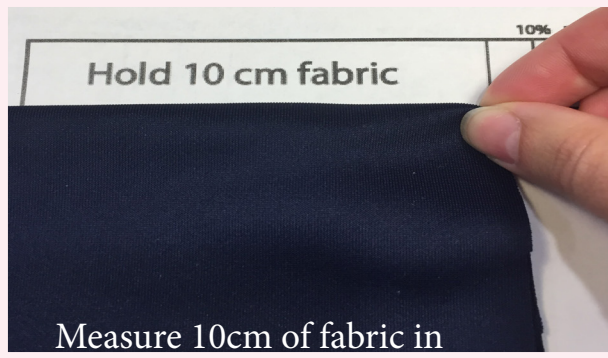
Ball point or stretch needle.

Matching polyester thread.

### ----Check the stretch of your fabric----

This pattern has been drafted to accommodate knits with different amounts of stretch. Use the guide below to determine what % stretch is in your fabric.





-----Assemble your PDF pattern-----

Print pages

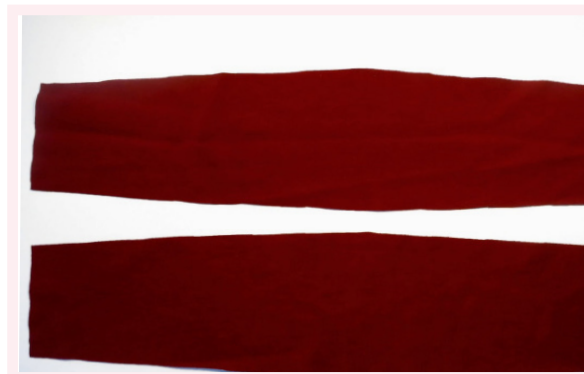
[Click here](#) for a detailed description of how to print and assemble your PDF pattern.

Cut the pattern piece that corresponds with the % stretch of your fabric which you worked out in the previous step.

-----Cutting your fabric-----

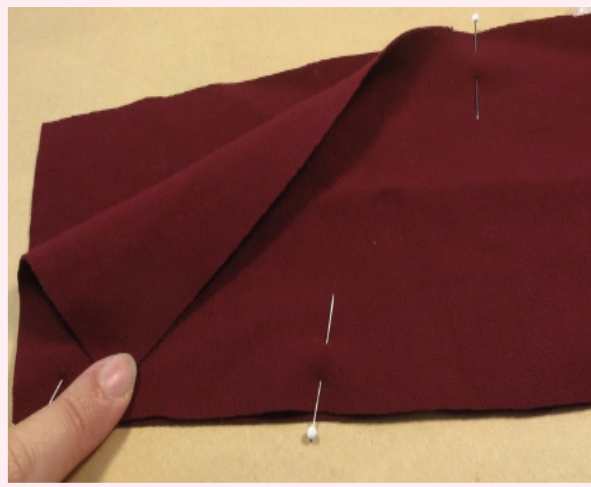
Fold your fabric. Place the pattern on the fabric taking care to place the correct side on the fold as directed on the pattern.

Cut 2 pattern pieces . You will now have 2 pieces of fabric that are exactly the same.



## ----Sew your headband!----

Place the two pieces right-side together and pin.  
Using a zig-zag stitch, sew along the long edges using a 1.5cm seam allowance.



### *Beginner Note:*

*The 'right side' of your fabric is the side that will show on the outside.  
The 'wrong side' of your fabric is the side of fabric that will be on the inside (not seen).*

*Don't stress, it can be difficult to tell the difference between the right and the wrong side of some fabrics.*

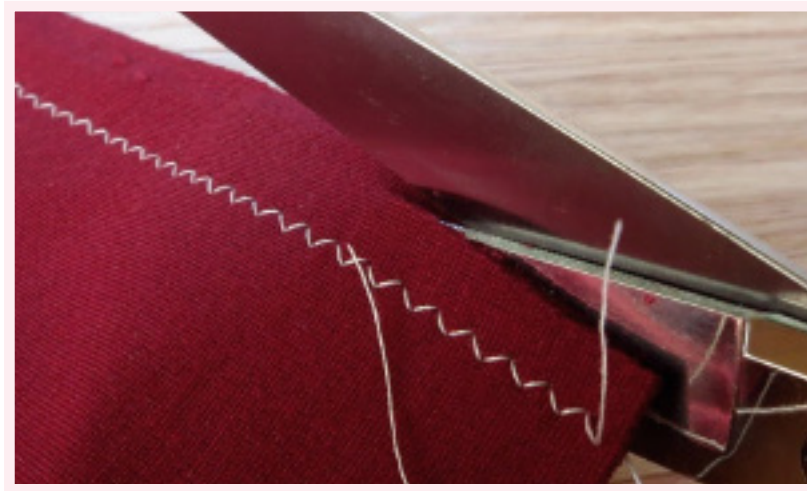


### *Beginners Note:*

*A zig-zag stitch is used as this allows the band to stretch and prevents the stitching from popping.*



Trim seam allowances to about 0.5cm. This prevents bulky seams.



Now turn the band right side out.



Press so the seams are lying nice and flat. Then top stitch along the long edges using a zig-zag stitch.



*Tip:*

*Bulky seams can often have trouble moving through the machine. To help the feed dogs move the fabric through, pull the threads from the back of the machine whilst stitching to help move bulk under the presser foot.*

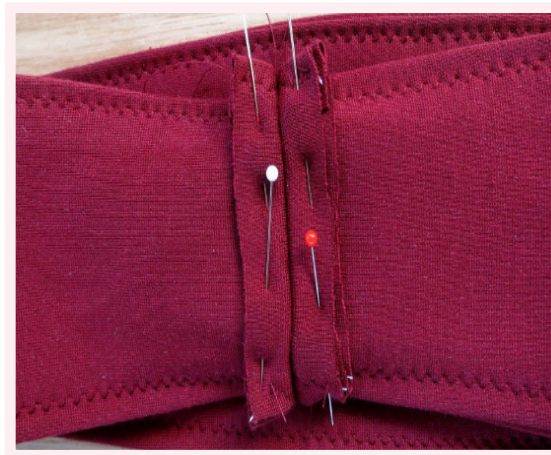
*Alternately you can use a walking foot if you have one.*



Align the short ends with right sides together, pin and stitch using a straight stitch and a 1cm seam allowance.



Press the seams open then top stitch the seam allowances down to ensure they lie flat for wearing comfort.



Well done! Your garment is now completed.

## ----Variations you can try----

Make a reversible band using a different colour on each side. (One side will have the exposed seam but this will be sewn down so shouldn't be too visible).

Add an embellishment like a flower or bow.

Use a soft, fleece- type fabric on the inner layer for a cosy, warm ear warmer.

Sew the longer edge with 1.5cm or 2cm seam allowance for a thinner band.

## ----Share your makes!----

Thank you for supporting us!  
We would love to see what you have made.

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Email: [hello@thewearablestudio.com](mailto:hello@thewearablestudio.com)

# marcieheadband  
# thewearablestudio

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[hello@thewearablestudio.com](mailto:hello@thewearablestudio.com)

3cm x 3cm

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Place on fold of fabric

foldline

Align with gre

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Place on fold of fabric

Align with greatest stretch of fabric

foldline

**W** <sup>THE</sup> **WEARABLE**  
**STUDIO**

The Marcie Headband  
Cut 2 on fold  
Version B



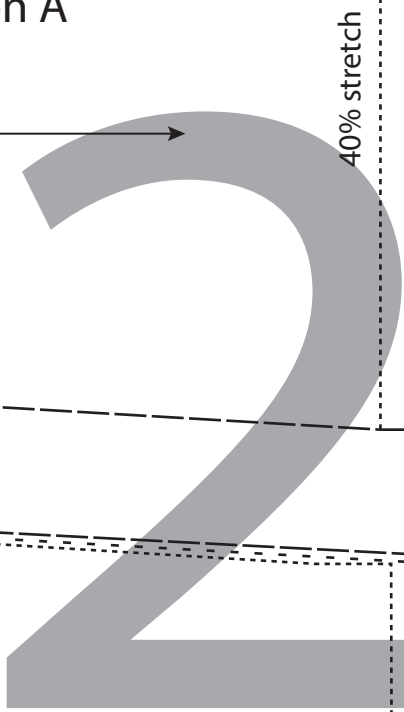


The Marcie Headband  
Cut 2 on fold  
Version A



greatest stretch of fabric

V



40% stretch  
20% stretch  
10% stretch

40% stretch  
20% stretch  
10% stretch

We would love to see your makes.  
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